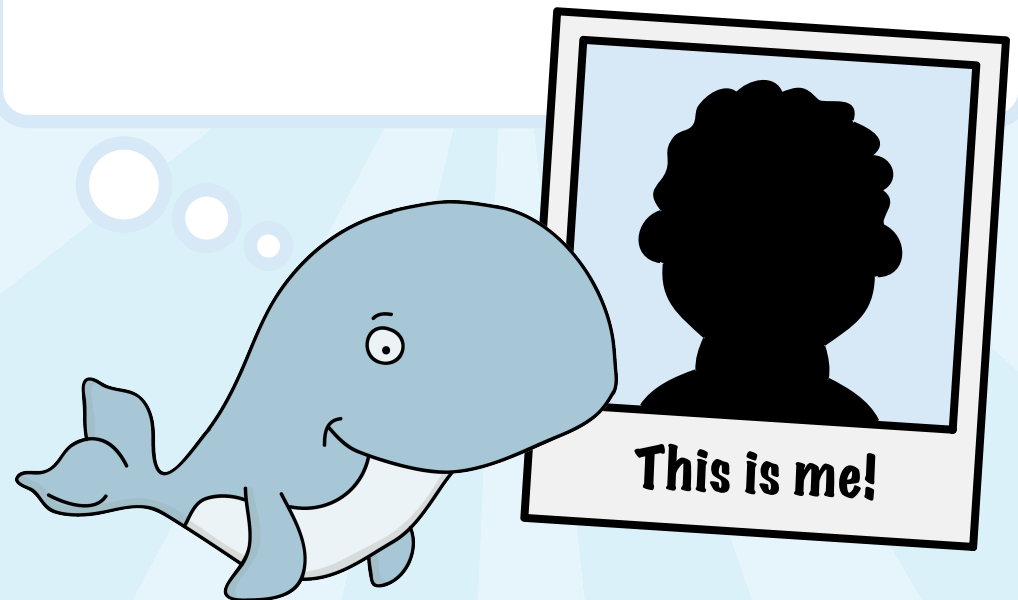


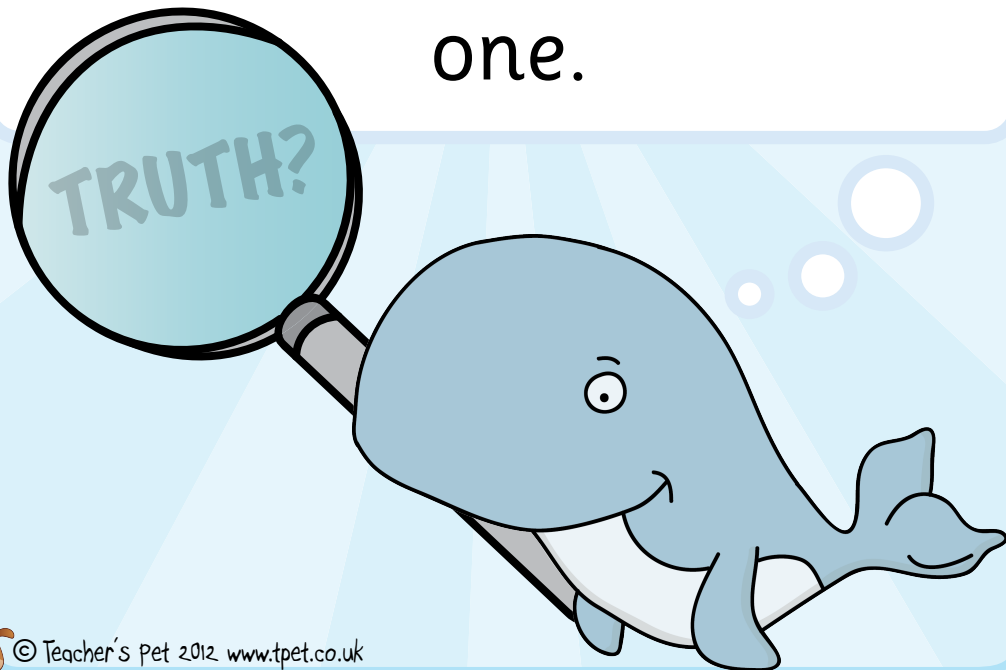
**Do not** open an **email** from someone you do not know as you may download **viruses** (which even come from people you do know), or it may have contents that can **upset** you.



**Never** send **pictures** of yourself or any other **personal** material to a friend you met **online** without consulting your **parents** first.

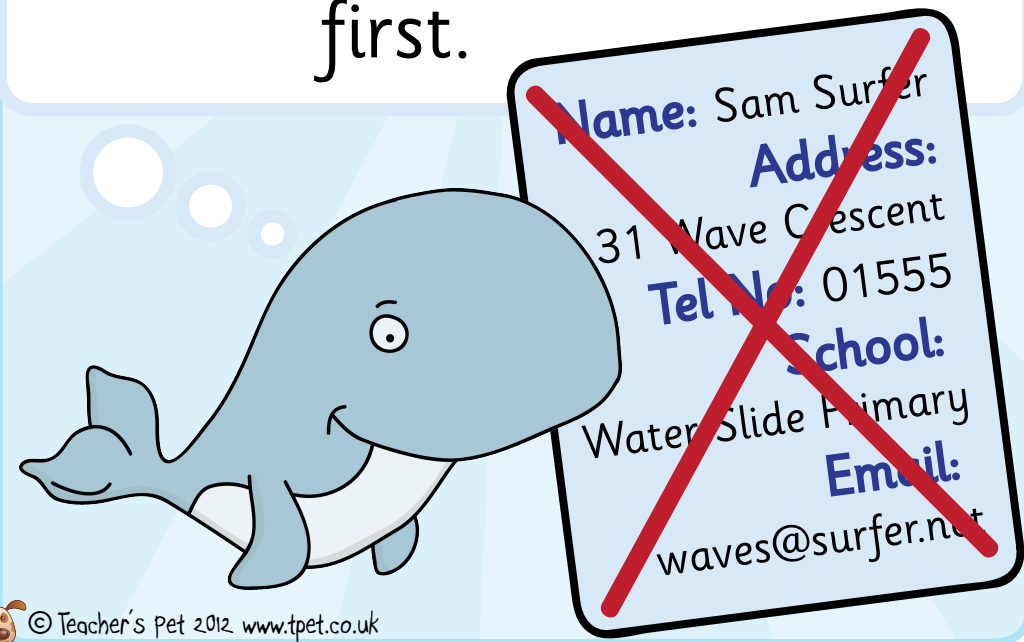


Just because it's on the Internet does not mean that it's always the **truth**. Check that the website you're getting your information from is a **reliable** and **trustworthy** one.



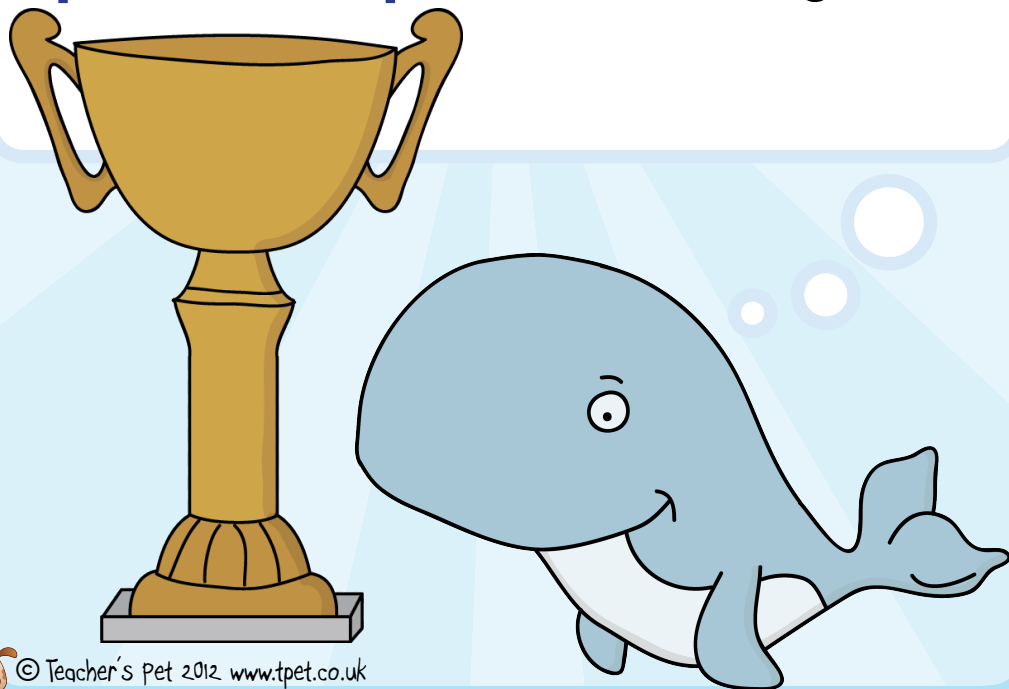
**Never** share your **full name**, **address**, **school**, **telephone number** or any other personal details on the **internet**.

If a **website** asks for this information in order to **sign up**, show it to your **parents** first.



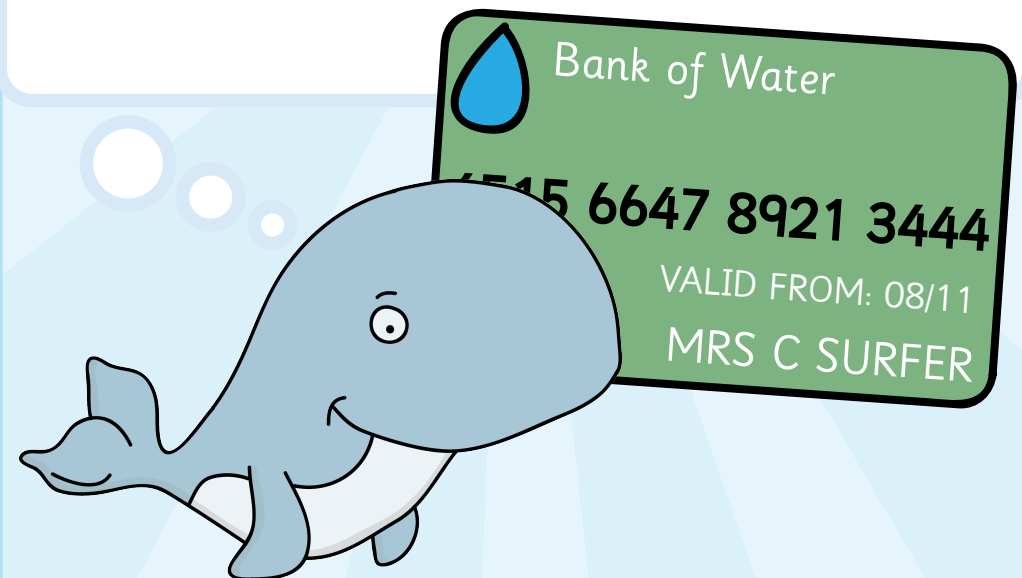
There are lots of cool **competitions** and **prizes** up for grabs on the internet, but...

**Never** enter a competition without asking your **parent's permission** first.

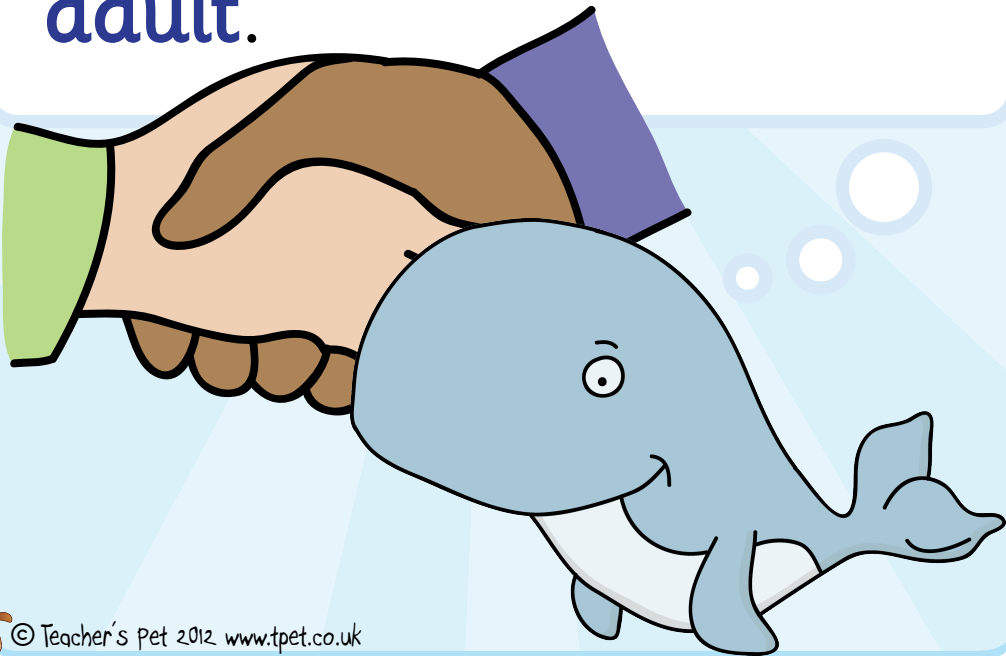


Sometimes, websites might ask for **bank details** or bank card details before you can use them.

**Never type this in yourself.** Show the website to your **parents** first, if they say it's OK, let them fill in the important information.



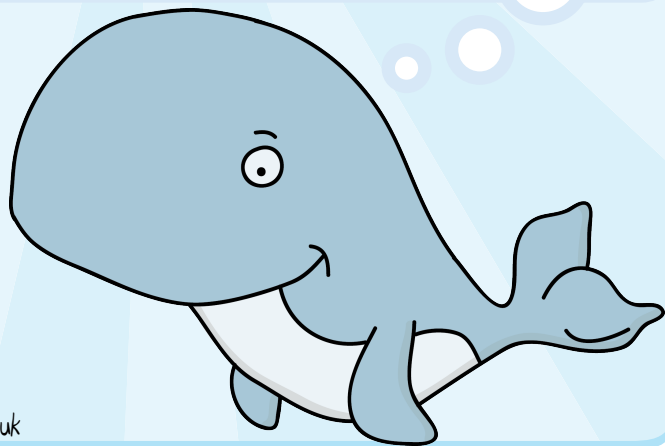
**Never** agree to **meet** someone that you've met through the **internet**, in real life without your **parent's** permission. If they agree, never go alone, go with a **trusted adult**.



Always tell your **parents** or **teacher** if you come across things on the internet which make you feel **uncomfortable**, or if someone on the internet is making you feel **sad**.



**Do not** fill out forms online without consulting your **parents** or **teachers**. There are websites which seek personal information and which use this information for marketing or other commercial purposes. Always check a website's **privacy statement**.



**Never** share your **full name** on the internet. First names or **nicknames** are fine. You can have lots of fun coming up with a cool nickname.

Username:  
**SurferDude123**

